

## 2023 Website Program Description



### Law of Attraction Basics Virtual

Learn key concepts of the most powerful law in the universe and how to apply them to create the life you desire.

Virtual Program

**\$625.00**

2 1/2 days

The Law of Attraction, which is the most powerful law in the universe, basically says that “like attracts like.” We live in a vibrational universe where everything, including our thoughts, are vibrations. Whatever we are giving our attention to or thinking about—whether or not it is something we wish to have in our experience—is drawn to us.

Learn how the Law of Attraction impacts all aspects of your life. If your current life experience is not as you desire, then you have been creating by default which is what most people do. You can, however, easily begin to deliberately create a new reality for yourself—starting from where you are right now. Understand how the Law of Attraction works and learn how to begin living your life consciously to create the reality you desire.

Key concepts of the Law of Attraction. Trainers Ellen Jones-Walker and Tip Walker introduce you to the key concepts of the Law of Attraction. Practice a wide range of effective processes, techniques, strategies and tools for creating your desired reality. Engage in personal reflection and clarification activities to maximize the benefits of your individual application sessions. Deepen your appreciation for your innate emotional guidance system.

Listen to ["The Gratitude Experience"](#) a meditation used in this virtual retreat. *(Linked in the details section below.)*

Change your beliefs, change your life. This dynamic and interactive retreat will feature short presentations, video clips, audio exercises, activities, discussions, and individual application sessions. Retreat content is informed by both spiritual principles and recent scientific discoveries in the fields of quantum physics and neuroscience.

#### How it works

1. Law of Attraction Virtual Retreat is a 2 ½ day real-time interactive online retreat.
2. The daily schedule is based on each virtual retreat's specific time zone.
  1. Day 1 begins at 2:30 pm with an overview, introductions, logistics and an audio exercise. The day ends at 6 pm.
  2. Days 2-3 begin at 9:00 am. Each day is different and includes short presentations, activities, video clips, application sessions, and 2 audio exercises with a break for lunch. Each day ends at 6:00 pm.
3. The program will be conducted using Zoom meeting, a popular online platform for video conferencing and interactive online instruction. Audio exercises will be available for streaming through your Monroe account during the retreat.
4. Reliable internet connection with a recommended minimum internet speed of 5 Mbps for streaming the exercises.
5. You will need headphones and a computer with a camera and microphone for video communications. Over-ear wired stereo headphones or high-quality earbuds are recommended with a cord long enough to reach the place where you will be listening to the exercises.
6. To ensure you have true stereo sound, you can use this [Audio Test](#). (*Linked in the details section below.*) You should hear a pulsating frequency from ear to ear.

REGISTRATION CLOSES NOON THE MONDAY BEFORE THE RETREAT BEGINS - To allow time for the orientation process.

## What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.



#### *Trainer Facilitation*

Throughout the course a Monroe trainer will be there to answer your questions and support and guide you through the program.



#### *Learn Valuable Tools*

Explore, navigate and use the non-physical aspects of your own higher consciousness.